Private

16 yrs old

If < 40 hours in heavier than air 61.109 f1

10 hours including:

- 20 flights
- 2 hours solo and 10 launches and landings
- 3 flights prep within 2 cal months

If >= 40 hours 61.109 f2

- 3 hours glider
- 10 solo flights
- 3 flights prep within 2 cal months

Commercial FAR 61.129

18 yrs old

25 hours and 100 flights including:61.129 f1

- 2 hours solo and 10 flights
- 3 hours or 10 training flights
- 3 flights prep within 2 cal months

Or

200 hours heavier than air and 20 glider flights as PIC 61.129 f2

- 3 hours training or 10 training flights
- 5 solo flights
- 3 flights prep within 2 cal months

Sport (restrictred to 10K MSL or less) light sport aircraft only 16 yrs old

< 20 hours in heavier than air

- 10 hours
- 10 training flights
- 2 hours solo
- 5 solo launches and landings
- 3 flights prep within 2 cal months

>= 20 hours in heavier than air

- 3 hours glider
- 5 training flights
- 1 hour solo
- 3 solo launches and landings
- 3 flights prep within 2 cal months

Recreational pilots may not act as PIC of a glider